



# Children's Choice Snack Calendar for March 5 - 30, 2012



Monday	Tuesday	Wednesday	Thursday	Friday
5 1 oz. Life ½ c. Frozen Mixed Fruit ¼ c. Apple Juice Milk	6 .7 oz. Chex Mix ½ c. Vegetable Medley ¼ c. Orange Juice Ranch	7 .7 oz. Saltines ½ c. Clementines ¼ c. Apple Juice Cheese	8 Waffles Fruit .9 oz. Bagel ¾ c. Canned Pears Cream Cheese Milk	9 Raisin Bran Fruit Milk 4 oz. Yogurt 1.7 oz. Granola Bars Fruit
12 Toast Fruit Jelly 1oz. Honey Bunches of Oats ½ c. Frozen Mixed Berries ¼ c. Apple Juice Milk	13 Bagels Fruit Cream Cheese .7 oz. Goldfish ½ c. Cherry Tomatoes ¼ c. Orange Juice Ranch	14 Yogurt Fruit .7 oz. Pretzels ½ c. Carrots ¼ c. Apple Juice Ranch	15 Waffles Fruit .9 oz. Graham Crackers ½ c. Applesauce ¼ c. Orange Juice Milk	16 Raisin Bran Fruit Milk .9 oz. Tortilla 1 oz. Shredded Cheese Salsa Fruit
19 1 oz. Special K ¾ c. Canned Peaches Milk	20 7 oz. Cheez-Its ½ c. Veggie Tray ¼ c. Orange Juice	21 1.3 oz. Nutri-grain Bars ½ c. Clementines ¼ c. Apple Juice Milk	22 1 oz. Go-gurt ½ c. Frozen Mixed Berries ¼ c. Orange Juice	23 .9 oz. Bread 1 oz. sliced cheese Fruit
26 1 oz. Cheerios ½ c. Frozen Blueberries ¼ c. Orange Juice Milk	27 .7 oz. Ritz ½ c. Broccoli ¼ c. Apple Juice Ranch	28 .9 oz. Animal Crackers ½ c. Apples ¼ c. Orange Juice Milk	29 .9 oz. Tortilla ½ c. Applesauce ¼ c. Orange Juice Cream Cheese	30 1 oz. String Cheese .7 oz. Club Crackers Fruit



Healthy snacks, healthy kids,  
healthy community.

