



Hubert Humphrey November 2017

November is “Around the World” Month at Children’s Choice!

This month at Children’s Choice we are focusing our curriculum on cultures from around our globe. Children and staff will share experiences and knowledge from their adventures and cultural backgrounds. Activities will be directed towards exploring new ideas, cultures, and traditions.

3rd Annual Turkey Trot!

It’s that time of year again! The leaves are falling and our bellies are rumbling. Children’s Choice at Hubert Humphrey hosts the 3rd annual Turkey Trot on Wednesday, November 8th. This festive tradition began in 2015 and has been a huge hit with the kids and the community. Children will team up with their age-groups and try to capture a rogue “turkey” in order to win delicious prizes. Come check out the fun and remember to send your child in running shoes!

Week of Thanksgiving Break

APS schools will be closed the entire week of Thanksgiving this year (11/20-11/24). However, Children’s Choice will be open here at Hubert Humphrey Elementary from 7am-6pm Monday through Wednesday (11/20-11/22). CC WILL BE CLOSED ON THURSDAY AND FRIDAY for the holiday. Have a safe and happy Thanksgiving!

Tips for Helping Your Child Manage Stress and Frustrations

According to PBS Parents, a great way to help your child manage frustrating situations is by Creating a Mad List. When your child is experiencing frustrations, have them write a list of everything that is making them feel that way. Kids need to feel understood so be sure to empathize with them with simple words like, “Oooh, that makes me mad too.” After the list is complete have your child tear it up into tiny pieces and throw them in the air. Spend time picking up the pieces together then throw them out for good. For more tips from PBS Parents check out their article “How to Teach Frustration Tolerance to Kids” at pbs.org.



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Reminders:

-Enrichment Classes end at 5:00pm every day except Wednesdays when they end at 2:15. If you need to add or drop a class, please email Erik at: huberthumphrey@childrens-choice.org

- We run Homework Club every Monday, Tuesday, Wednesday and Thursday. All children are welcome and encouraged to attend. If you would like your child to get individualized reminders please see a staff member.

Helpful Information

Site Phone: 974-8069

Office Phone: 296-2880

Site Email:
huberthumphrey@childrens-choice.org



Financial Assistance
Available: 841-4800

Healthy Fruit Activities



We ran four different healthy food activities since the school year has started. The kids love learning about nutrition and healthy habits!

Fall Break with Osuna



During Fall Break we hosted visiting families and staff from Osuna Elementary. Many of the kids were reunited with friends from summer camp and last school year. It was great to get to see our Osuna family!

Cairn Making



During this morning activity we learned that Cairns are used by hikers to mark trails in the wilderness. We used different sized rocks to create our own path markers to take home!

Our First Field Trip of the school year to the Aquarium!



Our Field Trip to Hoots



In September we visited our favorite field trip destination: Hoots! We were excited to see they added two new bouncy houses and the kids all had a fantastic time.

The UNM Meteorite Museum



In October we went to the UNM Meteorite and Geology Museum. The kids got up close and personal with meteorites and got to touch a giant one from Arizona. In the Geology Museum we saw tons of crystals and gems. We even saw dinosaur bones!

Mix Tape Mash Ups



In this child-directed club the kids learned about the ancient musical practice of making mix-tapes. We used blank cassette tapes and a recorder to make playlists!