



Hubert Humphrey January 2018

January is "Up In Space" Month at Children's Choice!

This month at Children's Choice we are focusing our curriculum on space and our solar system. We will be running activities about the planets, space exploration, and the sun. Our goal this month is to teach the kids cool things about the solar system and spark an interest in space.

Enrichment Classes Begin Monday January 22nd

Enrichment classes will resume on Monday January 22nd. All classes that were offered in the fall will continue with the same students enrolled with the exception of Science and Cooking which will begin their spring classes with new students. If you would like to change or add a class for your child please email Erik at: huberthumphrey@childrens-choice.org or speak with a staff member in person.

Help Us Improve Our Program!

Thank you all for filling out surveys in December and giving us feedback about our program. We will hold our next CQI (Continuous Quality Improvement) Team meeting on Tuesday January 23rd at 6pm in the cafeteria. We will be going over the results of all the surveys and observations we conducted in December and begin discussing what we want to work on improving for the next year. We will be meeting over dinner and as always, children are welcome to attend. We hope to see you there!

Tips for Helping Your Child Manage Stress and Frustrations

According to child therapists from Copingskillsforkids.com, there are a few quick ways to help your child calm down when they are feeling anxious or stressed.

Try These:

- Imagine Your Favorite Place, like a mini-vacation
- Name animals alphabetically (Ape, Bobcat, Cheetah, etc)
- Get a cold drink of water.



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Reminders:

-Enrichment Classes end at 5:00pm every day except Wednesdays when they end at 2:15. If you need to add or drop a class, please email Erik at: huberthumphrey@childrens-choice.org

-We run Homework Club every Monday, Tuesday, Wednesday and Thursday. All children are welcome and encouraged to attend. If you would like your child to get individualized reminders please see a staff member.

Helpful Information

Site Phone: 974-8069

Office Phone: 296-2880

Site Email:
huberthumphrey@childrens-choice.org



Financial Assistance
Available: 841-4800

Dr. Seuss's Green Eggs and Ham



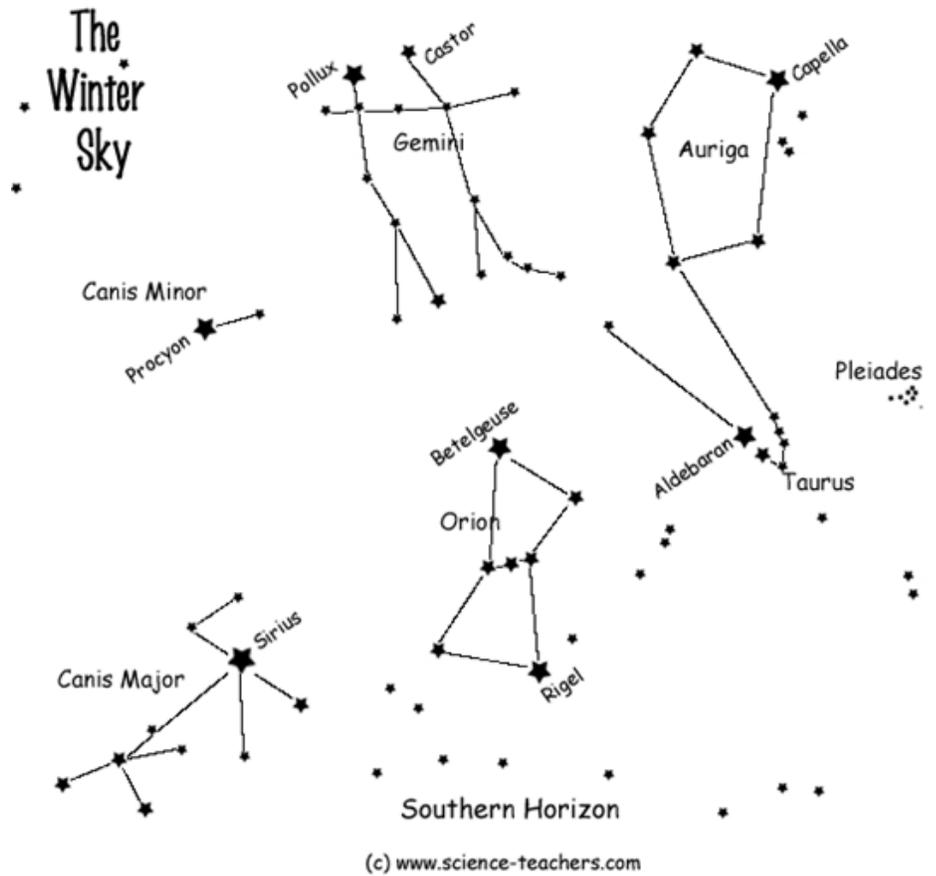
During this child-led activity we read the book "Green Eggs and Ham" by Dr. Seuss and went into the teacher's lounge to cook breakfast together.



We split into two teams: team eggs and team ham and worked within our teams to prepare parts of the meal. While one of our fourth graders cooked on the stove with Erik, the children read "Green Eggs and Ham" aloud to each other.



Once our meal was done cooking, we returned to our classroom to enjoy our strange but delicious breakfast together. The children really liked scrambling the eggs and coloring the food green. Even though we just added food coloring, the kids said it tasted different than normal eggs and ham!



Our Field Trip to the Main Library

